

Protection Beyond Disinfection

COMPLETE® Multi-Purpose Solution helps you effectively clean and disinfect your lenses, which helps protect your eyes against infection. Take good care of your lenses and your eyes by following the Easy Rub™ Formula lens care directions every day and **seeing your Eye Care Professional annually**. Take comfort in extra protection for your eyes.

Specially Formulated for Added Comfort

- Proprietary ingredients support the eye's natural defenses
- Gentle cleaning agents remove harmful deposits and coat the lens for greater wettability
- Electrolytes provide balance and mimic natural tears

Choosing the Right Lens Care Regimen

Selecting the right lens care solution and lubricating eye drops can provide the moisture and comfort you need to help care for your contact lenses. It is essential that you follow your Eye Care Practitioner's directions and all labeling instructions for proper use and care of your lenses and lens care products, including the lens case.



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1. Data on file, 2003. Advanced Medical Optics, Inc., Santa Ana, CA.

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Printed in Canada
2008.12.19-CN801

AMO
Vision. For life.

Take Comfort in Extra Protection for Your Eyes



protein deposits

redness

bacteria

dryness

irritation

germs



protection beyond disinfection

Tips for Healthy Lens Wearing Comfort

Multi-Purpose Solution Directions

To help you disinfect your lenses and protect the health and comfort of your eyes:

RINSE

for lens wearing comfort

Before you insert your lenses:

1. Wash your hands with soap and water and dry them with a lint-free towel.
2. Rinse each side of the lens with fresh solution to remove any debris on the lens.



It is important to follow these guidelines to ensure the best care of your lenses:

- Do not** store or rinse lenses in any non-sterile water, including tap water
- Do not** swim, shower, or use a hot tub while wearing soft contact lenses
- Do not** use saliva or put lenses in mouth to rewet
- Do not** wear lenses longer than prescribed
- Discard** any soft contact lenses that are damaged or dehydrated
- Avoid** using aerosols when wearing contact lenses
- Discard** any remaining solution in your lens case before disinfecting your lenses again

RUB, RINSE, & SOAK

for effective disinfection

When you remove your lenses:

1. Wash your hands with soap and water and dry them with a lint-free towel before handling your lenses.
2. Place 3 drops or more of solution on one side of the lens surface.
3. **RUB** your lens gently from the center to the edges for at least 10 seconds (never rub in a circular motion, because it may tear the lens and not clean the outer edge surface).
4. After rubbing for at least 10 seconds, turn the lens over and repeat step 3.
5. **RINSE** each side of the lens with fresh solution. Place lenses in a clean lens case and fill with solution. Close the lens case tightly.
6. **SOAK** the lenses for a minimum of 6 hours for disinfection, cleaning, and protein removal.



Caring for Your Lens Case

- Always rinse your lens case daily with fresh solution and let it air dry. Never use tap water
- Replace your lens case every 3 months or as recommended